

# PAL PROCLAMATION

A monthly newsletter to keep you informed.



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## Purpose

The purpose of this newsletter is to provide you with updated information about what PAL has been doing throughout the year. We will give highlights of what has happened bi-monthly, and post dates for upcoming events. With your help, we will be able to share our accomplishments with thousands of individuals!

## Volunteer of the Month: Jackie, Linus, Jo-Jo, and Maggie

Jackie Jackson has been a PAL Volunteer with Linus, Jo-Jo, and Maggie (a toy poodle and two shiatsums) for numerous years. She has been a loyal supporter and team leader by running the visits at the Washington Home in northwest Washington, DC until it closed. If ever there is a place where PAL is well received, it's Jackie with her small pups, perfect for sitting on laps and onto beds. She regularly participates in PAL events including the picnic, boat trip, Yappy hour, and the Holiday Party.

Her nomination for "Volunteer of the Month" came highly recommended, and her service over the years has impacted an uncountable number of individuals.



Jackie, Linus, Jo-Jo, and Maggie are ready to volunteer!

**Thank you, Jackie for your continued involvement and extraordinary service with PAL!**

If you have an exceptional volunteer that you think should be the volunteer of the month, send an email to [lillian@peopleanimalslove!](mailto:lillian@peopleanimalslove!)

## Featured Story: Literacy Night at John Burroughs



John Burroughs graciously invited PAL to join in on their literacy night! PAL Ambassador, Cavit, sat and read with students, patiently listening to their excited stories. He was a hit! The ability to share his compassion and love was very rewarding as he received countless hugs and pats. We were happy to host a PAL table at their gathering, showing our new Beta fish and handing out PAL bookmarks. Special thanks to John Burroughs for including us in their event!

If you would like some bookmarks at your location, please call the office at (202) 966-2171, or email [lillian@peopleanimalslove.org](mailto:lillian@peopleanimalslove.org), with an address and amount requested.

## **PAL at Dulles Airport**



PAL dedicated a weekend at Dulles International Airport, and partnered with United Airways to bring happiness and comfort to stressed out passengers. Volunteers and their canine companions gave their support to nervous travelers by allowing pets and hugs! We had a great turnout of volunteers, and look forward to the next time

Dulles will welcome PAL.

## **Pet Loss Counselors Needed!**

PAL offers a Pet Loss Support Line for those coping with or anticipating the loss of a beloved pet. Our Pet Loss Counselors are professionals who specialize in grief and loss and are available to help with this loss.

Requirements include having worked in a profession that included grief counseling and good listening skills, as well as a deep understanding of the special relationship between people and companion animals. We do not offer therapy; just a listening ear.

For further info, contact Toni Billingslea, [thb@comcast.net](mailto:thb@comcast.net).

## **PAL Club**

PAL Afterschool Club was able to explore more than just the outdoors during this past March. This month we were able to delve into the oceans and learn all about underwater life. This unit was more than learning about fish and sharks, however. Our students were able to explore octopi through an "OctoSlime" experiment and use echolocation like a dolphin does in a fun outdoor game. PAL students also did a number of experiments and activities to demonstrate the effects of human actions (good and bad) on our oceans and the creatures that live there. From overfishing and poaching to oil spills and littering, the human impact on the ocean ecosystem is much larger than many people realize, and it's up to us to be aware and make an mark on our environment in a positive manner.



Teaching our PAL scholars about the significance of the oceans around us is already one step in the right direction! We hope to see them one day become ocean activists and protectors.



## **PAL Club Teachers Needed!**

With our plans brewing for the future, PAL is in need of Afterschool Teachers with an availability from 2:30 to 6pm, Monday through Friday. We ask people who have a passion for education and experience working with students from preschool to fifth grade to apply. If you enjoy the human-animal bond and are interested in learning alongside your students, PAL is the place for you! Our structured animal-science STEM curriculum will keep you on your toes, as you teach students about molting, hibernation, flight patterns and more!

If you are interested in becoming a member of the PAL team, please send a cover letter and resume to Lilly at [lillian@peopleanimalslove.org](mailto:lillian@peopleanimalslove.org).



## **About Us**

PAL is a non-profit organization that leverages the power of the human-animal bond to provide comfort and happiness to the Washington DC Metropolitan area. In our Pet Visit Program, wagging tails and wet noses ease the loneliness of the elderly and comfort the sick. Warm, gazing eyes help early readers feel comfortable reading out loud when dogs visit libraries. In our PAL Club and PAL Camp, hundreds of lower-income children deepen their natural connection to the amazing animal kingdom with a rich Animal Studies program that includes lessons, books, animal visits, field trips, animal care, and assemblies. Learning and caring for animals allows for our most vulnerable youth to make social, emotional and academic gains. We even have a Bereavement Support line for those pet owners struggling to cope with the passing of their furry companion.



## **Wanted Ad**

The following sites need more volunteers to make their Pet Visits successful and enjoyable. If you are interested, please contact Jack Hillelsohn at [jack@peopleanimalslove.org](mailto:jack@peopleanimalslove.org):



**Adventist Behavioral Health Residential Facility**

14901 Brochart Rd  
 Rockville, MD  
 1<sup>st</sup> and 3<sup>rd</sup> Thursday each month from 3 pm -4 pm

**Alexandria Library- Beatley Central**

5005 Duke St,  
 Alexandria, VA  
 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the Month from 5:30pm- 6:30pm

**Alexandria Library- Ellen Coolidge Burke Branch**

4701 Seminary Road  
 Alexandria, VA  
 3<sup>rd</sup> Wednesday of the month from 5:30pm-6:30pm

**Arleigh Burke Pavilion**

1739 Kirby Road  
 McLean, VA  
 2<sup>nd</sup> Saturday of each month from 1:30pm 2:30pm

**Envoy House of Alexandria**

900 Virginia Ave  
 Alexandria, VA  
 2<sup>nd</sup> Saturday of the month

**Sunrise at Fox Hill Assisted Living Facility**

8300 Burdette Rd  
 Bethesda, MD  
 4<sup>th</sup> Wednesday of the month at 1pm  
 \*Tiny lap dog requested

**Homewood at Frederick**

7407 Willow Rd  
 Frederick, MD  
 Contact Jack for time

**JSSA Hospice**

Assorted locations in Montgomery County  
 Montgomery City, MD  
 Contact Carrie Myatt, cmyatt@jssa for dates and times  
 \* Day time and weekend days preferred  
 \* JSSA training required  
 - April 10-11, 2016 (9am-3pm)  
 - July 10-11, 2016 (9am-3pm)  
 - November 6-7, 2016 (9am-3pm)

**The Old Firehouse Teen Center**

1440 Chain Bridge Rd  
 McLean, VA  
 1<sup>st</sup> and 3<sup>rd</sup> Wednesday from 4:00pm-4:45pm  
 \*Lively environment for afterschool students. Patient dogs requested



Stay Tuned for Next Month's Newsletter!



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